

Aesthetic Beauty Guide

[PETER MALOUF, M.D.]

Comprehensive skin care

The Center for Skin and Cosmetic Dermatology (CSCD) is a multi-facility comprehensive skin care practice. Founder Dr. Peter Malouf, board certified dermatologist, is dedicated to giving his patients thorough knowledge of all procedures as well as multiple options for their care.

“Our providers are experts in all areas of dermatology including general dermatology, minimally invasive cosmetic procedures, dermatopathology, and Mohs surgery,” Dr. Malouf says.

Dr. Malouf says that spring is a great time to do body contouring and minimally invasive facial treatments. Using the true tumescent technique of anesthesia during these treatments allows patients to side step the inherent risk of general anesthesia, have short down times, and smoother more natural results. This form of anesthesia was developed by dermatologists and is considered revolutionary for most procedures patients are wanting including facial and body contouring, laser skin resurfacing, mini-lifts and many other procedures.

CSCD has been performing photorejuvenation for vessels, brown spots, and sun damage since 1999. This procedure has stood the test of time and is the gold standard, no downtime procedure for improving tone. CSCD has injected over 25 thousand patients with dermal fillers and Botox and continues to be a leader in this popular and safe realm of cosmetics. CSCD has the latest technologies for laser hair removal and other laser techniques, which are popular in the spring. They also offer a full line of professional cosmetic products and customized comprehensive skin treatments in their med spa.

Although exposure may be less in the winter, harmful UV rays are still causing damaging effects on the skin, which accelerate the aging process and increase the risk for skin cancer. Additionally, during the colder dryer months, the skin tends to be more dehydrated and irritated. Dr. Malouf says to use lukewarm water when bathing and to apply moisturizers while damp, which helps trap water

on the skin preventing dehydration.

Dr. Malouf specializes in Mohs Micrographic Surgery, general dermatology, cosmetic dermatology, cosmetic surgery, and dermatopathology. Dr. Mobolaji Opeola, the physician working with Dr. Malouf at the Dallas office, specializes in medical, cosmetic, and laser dermatology. She is board certified by the American Board of Dermatology.

CSCD's new 10,000 square foot facility in Preston Center is their most impressive facility yet. Not only is it well equipped with the latest technology and equipment, but it also provides a sophisticated, warm atmosphere for their patients. Their full array of subspecialties, as well as general dermatology services, is provided.

Services available at The Center for Skin and Cosmetic Dermatology include:

Energy lift™: Combines a SafeLift™, a minimally invasive face-lifting technique, with the Active FX laser. It lifts and tightens loose skin on the mid-to-lower-face and minimizes the appearance of nasolabial folds.

Mini-neck lift: Corrects sagging in the lower part of the face by targeting loss of skin elasticity along with subcutaneous fat in the chin and jawl.

Tumescent liposuction: Fills the skin with local anesthetic in order to remove unwanted fat more efficiently. The tumescent method enables the dermatologic surgeon to remove large amounts of fat more uniformly with fewer skin irregularities and less bleeding and bruising.

Fractional CO2 resurfacing: Treatment of wrinkles around the eyes and treatment of pigmented lesions, such as age spots, sunspots, and melasma. It improves your appearance by affecting only a fraction of your skin at a time with thousands of microscopic laser spots.